28. Stretched Box concept

Starting from any 2 by 4 matrix, the centers move past each other, then all do the (box) call in your new box. This concept implies a box call. Thus if the caller says “Stretched Box Circulate,” it means “Stretched Box Box Circulate.”

The people in these boxes work to these spots.

Stretched Box Circulate:

<table>
<thead>
<tr>
<th>X</th>
<th>O</th>
<th>X</th>
<th>O</th>
<th>X</th>
<th>X</th>
<th>O</th>
<th>O</th>
</tr>
</thead>
</table>

before after

Don’t confuse this concept with plain “Stretch.” This concept used to be called New Stretch, and the old one Old Stretch.

Stretched Box Shakedown:

<table>
<thead>
<tr>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>8</th>
<th>1</th>
<th>2</th>
<th>7</th>
</tr>
</thead>
<tbody>
<tr>
<td>5</td>
<td>6</td>
<td>7</td>
<td>8</td>
<td>6</td>
<td>5</td>
<td>4</td>
<td>3</td>
</tr>
</tbody>
</table>

start after Stretched Box Shakedown for comparison, here is after Stretch Shakedown

The Stretched Box concept would be better named Shrink Box, wouldn’t it?

29. Scoot and Fancy

Starting from columns, do a Triple Scoot, then a Fancy. Fancy is 2 and 4 in the column Press Out, then all finish like a stretch natural-shoulder Turn and Deal. Natural-shoulder means don’t follow the right-shoulder rule; if the columns are left-handed, do a Left Turn and Deal. The centers always end facing.
30. Couple Up

Starting from any box: Box Circulate, then the new leads (in your box) U-Turn Back.

```
before
1 2
3 4
after

•
```

31. Exchange the Boxes

This call is something like Exchange the Diamonds. Do 4 Box Circulates, but when you are a center looking into the center of the set do a circulate to your diagonal opposite position (crossing over to the other box). The traffic pattern is that once you have crossed to the other box, stay outside those who are still in their original box. In the diagram below, dancers 2 and 6 lead the exchange; that is, they are the first ones to cross to the other box. Everyone else can follow them (from this setup, but not always).

```
before
1 2 3 4
5 6 7 8
the left box after 1/4
7 2
8 1
everyone after

•
```

Starting from columns (3 and 7 lead):

```
before
1 8
2 7
3 6
4 5
the upper box after 1/4
2 7
4 5
after

•
```

32. Shove Off

This is a two-person call with a designee and a non-designee, just like Run. The designees run away from their partners, who slide with them to fill their old position.

```
before Leads Shove Off
1 2 3 4
5 6 7 8
after

•
```