Tournament Rules for the MIT Boxing Club

These rules apply to all MBC Tournament events. Failure to adhere to these rules may result in removal from the organization.

Required Materials and Safety Gear
All participants must adhere to the following set of regulations:
- All participants must attend a safety meeting and spectate a tournament before participating in any MBC Tournaments.
- Any member participating in an MBC Tournament must be dressed in athletic attire (shorts, T-shirt, sneakers, etc.)
- A mouth guard MUST be worn at all times.
- Any other safety equipment such as chest protectors, athletic cups, etc. may be provided at the member’s request, but are not required.
- Gloves and wraps will be provided at all events. If any member desires to bring his/her own gloves, they will be subject to safety approval from the MBC officers.
- All punches must be thrown above the waist and below the neck.

Weight Classes
- Lightweight (<= 150 lb.)
- Middleweight (> 150 lb. and <= 180 lb.)
- Heavyweight (> 180 lb.)

Note: Exceptions may be made via the appeal process stated below.

Weight Class Appeal
In the interest of safety and fairness, if a participant or MBC leader feels as though there are any members that cannot compete in their specified weight class, an appeal may be made to the leaders of the MBC to be moved to a lower weight class.

Matches
- Each match will consist of two 2-minute rounds, with a 1-minute intermission between the rounds
- A referee will preside over each match.
- Each participant is allowed to designate one other MBC member to be their “coach” for each match

Fight Conclusions
- Knockdowns
  - If
- Technical Knockouts
  - Participants are allowed to stop any match at any time. If they do so, they will receive a “technical knock-out” and the match is over.
  - If a coach feels that the participant is in danger of being injured, they may throw in the towel, resulting in a TKO for the participant
  
Note: Coaches must also be present during the 1-minute intermission
• Decision
  o If there are no knockdowns or TKOs, the winner will be decided based on crowd voting
  o In the event of a tie, there will be another 1-minute intermission, followed by a final 1-minute round. Votes will be cast again following the round
  o If there is another tie, the President, Treasurer and Referee of the night will convene and decide on a winner

**Illegal Actions**

• Any incidental punches that connect outside of the torso area will draw a warning from the referee.
• Participants are not allowed to intentionally leave the specified ring. If they do so, they will receive a warning from the referee.
• After the warning is issued, the match will resume after both participants are ready.
• Each participant is allowed one warning before they are automatically disqualified from the match.
• Kicks are NOT allowed. Any participant that throws an intentional kick will be immediately disqualified.

**Removal**
If any member of the MBC is disqualified from three matches due to illegal blows, they may be removed from the organization at the discretion of the MBC Officers.

**Questions?** Email the MBC Officers mailing list (mbc-officers@mit.edu).